Handwashing 101:
The basis of good public health

1. Wet Hands
2. Apply Soap
3. Scrub palm to palm
4. Interlace Fingers
5. Backs of hands/fingers
6. Wrist
7. Base of thumb
8. Fingernails
9. Rinse
10. Dry
11. Turn off with towel

http://manatee.floridahealth.gov