

FLORIDA DEPARTMENT OF HEALTH IN MANATEE COUNTY



Contact:

DOH-Manatee
Communications

PROTECTING, PROMOTING, AND IMPROVING THE HEALTH OF ALL PEOPLE IN FLORIDA.



October-December 2024

THE DEMOGRAPHICS

Community Health Update

Tobacco-Free Targets Environment, Maternal Health

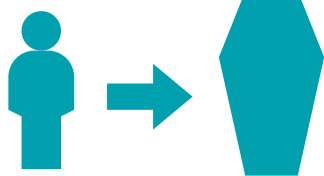
Students Working Against Tobacco (SWAT) youth fanned out across Coquina Beach on September 21, with litter grabbers to pick up trash as part of International Coastal Cleanup 2024. In addition to aluminum cans and bottle tops, youth filled buckets with cigarette butts and filters, used e-cigarette cartridges, disposable lighters, and other trash associated with tobacco and vape use.



SWAT's efforts help raise awareness to the hazards that tobacco and vape use can bring to the environment, especially to wild animals at risk of consuming the poisonous contents and/or choking on tobacco and vape-related litter. DOH-Manatee is mounting a campaign to raise awareness to the health hazards that tobacco and vape use pose to pregnant women, unborn babies, and newborns. Specifically, the DOH is inviting pregnant and postpartum women who use tobacco and/or vape to join group sessions where they can support one another in efforts to quit both and improve their own health and that of their babies. For more information, call 866-534-7909.



31%
Adults are
Obese



Infant Mortality
recent increase to
5.9 deaths per
1,000 live
births

18%
adults



Smoke Cigarettes

CHA/CHIP Executive Summaries

DOH-Manatee has published executive summaries drawing public interest in the 2024-27 Community Health Assessment (CHA) and Community Health Improvement Plan (CHIP). Every three years, DOH-Manatee works with the Manatee HealthCare Alliance and community partners to survey those who live, work, and play in Manatee County on what they believe are the leading public health issues facing the county. Survey results are published in the CHA, which is then used to develop the CHIP. Community members are welcome to join discussions on how to tackle these issues. To access the executive summaries, as well as the CHA and CHIP themselves, visit Manatee.FloridaHealth.gov and select "Programs and Services" and "Community Health."

Life;Story

Centerstone, a community partner in public health specializing in behavioral health programs and services in Manatee County, drew hundreds of participants and spectators to the Life;Story 5K/10K event on September 28, at Nathan Benderson Park in Sarasota. The annual event is meant to promote community awareness and support people impacted by suicide and thoughts of suicide. Proceeds fund mental health and addictions services at Centerstone for people who have little or no resources. Centerstone notes on its website:

The Life;Story name includes a semicolon – a punctuation mark that indicates there is more to come, unlike a period indicating the end. No matter how depression, anxiety or suicide has touched your life, we want everyone to know there is more to come – there is more to your Life; there is more to your Story.



Centerstone, 941-782-4150

National Suicide Prevention Lifeline, 800-273-8255

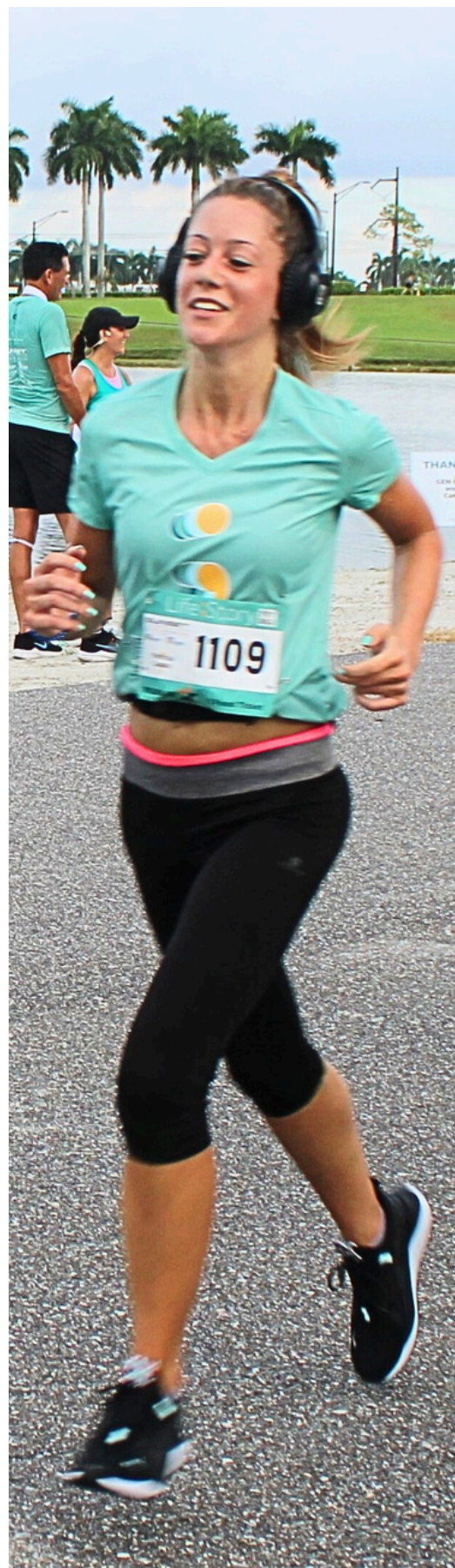
If you are having thoughts of harming yourself, call or text the Suicide Prevention Lifeline at 988 or reach out through chat by visiting 988lifeline.org/chat. Veterans can call 988 and press 1.

Healthy Families Day



DOH-Manatee hosted Healthy Families Day on October 5, at our WIC services center in Bradenton. More than two dozen families benefited from the event, including displays and information related to nutrition and breastfeeding in English, Spanish, and Haitian Creole. Following a demonstration promoting safe sleep practices for infants, event-goers were offered portable playpens at no cost to promote the ABCs of safe sleep (baby should sleep **A**lone, on his/her **B**ack, and in a **C**rib). The Early Learning Coalition of Manatee County pulled its mobile library up to the front doors of the center to share children's books with families at no cost.

DOH-Manatee thanks the following community partners for participating in Healthy Families Day: Early Learning Coalition of Manatee County, Whole Child Manatee, Tobacco Free Manatee/Tobacco Free Moms and Babies, Suncoast Campaign for Grade-Level Reading, LECOM Dental School, We Care Manatee, Early Steps, Centerstone, and MCNA Dental. For more information on DOH-Manatee's WIC nutrition and breastfeeding support programs, call 941-741-3400 or visit Manatee.FloridaHealth.gov and select "Clinical Services."



Michela Pizzinato (DOH-Manatee WIC) races to the finish line at the Life;Story 5K/10K event in September.



941-748-0747



Manatee.FloridaHealth.gov